

Dear School Counselors,

This letter contains important information that will help you in your role as School Counselor. Have you ever had a young woman come into your office and tell you that she's concerned that she may be pregnant? We want to share vital information with you about the free resources available in your community that can assist and serve her in her time of need.

Thousands of pregnancy help organizations across the country provide a variety of services to pregnant teenagers. These centers and clinics offer confidential pregnancy services free of charge often including: pregnancy tests/pregnancy test kits, ultrasounds/ultrasound referrals, and trained advocates who can provide information about all of her options and numerous resources. These pregnancy help organizations can also provide referrals for prenatal care, direct material assistance, and parenting classes, where young women can “earn while they learn” a variety of items for their baby including clothing, diapers, car seats etc. Locating pregnancy help centers nationwide can be accessed by young women 24/7 at <https://optionline.org/your-options> You can also learn more about the important work of pregnancy help organizations by visiting www.pregnancycentertruth.com

Pregnancy help organizations are also equipped to answer questions about the legal rights of pregnant women. For example, it is unlawful for a minor to be forced, coerced or unduly pressured to have an abortion by her parents, relatives, boyfriend, or others. It is her decision alone, regardless if abortion is legal or illegal in your state. We have attached a letter from The Justice Foundation to further explain the law in this circumstance. To learn more about the legal rights of pregnant women and the resources available to them, please visit <https://thejusticefoundation.org/cafa/> and scroll down to CAFA (Center Against Forced Abortion) for additional tools.

We invite you to learn more about _____, your local pregnancy help organization. We welcome your questions and hope you'll consider visiting and touring our facility to learn more about the numerous resources available to assist pregnant young women in their time of need and beyond. You can contact our organization at _____.

Sincerely,